BEST PRACTICES FOR
FACE MASK USE AT WORK

Face masks can help slow the spread of COVID-19 and aid in preventing transmission to others.

Follow these 8 tips for effective use:

Tip #1: Ensure your hands are clean and dry before securing your mask.

Tip #2: Your face mask should fit snugly and cover your mouth and nose with no gaps between your face and mask.

Tip #3: The side of the mask with a stiff, bendable edge is the top and is meant to mold to the shape of your nose.

Tip #4: If your mask has pleats, the pleats should face down.

Tip #5: The colored side of the mask is usually the front and should face away from you, while the white side touches your face.

Tip #6: Make sure your mask is secured to your face using loops over the ears, ties or bands fastened over the crown of your head and nape of your neck.

Tip #7: Remove your mask from behind, being careful not to touch the front of the mask, and wash your hands after handling.

Tip #8: As soon as your mask becomes damp, replace it with a new one.

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New-school Compliance Training